

Have you lost your job? Don't know where to turn?



FirstLink is the designated 2-1-1 provider for the State of North Dakota
www.myfirstlink.org

2-1-1 is a statewide information, referral and crisis management service connecting people to important community services. All 2-1-1 calls are free and confidential.

2-1-1 is available 24 hours a day, 7 days a week. Individuals are welcome to call about a variety of needs including:

- ▶ Benefit eligibility
- ▶ Financial assistance
- ▶ Emergency shelters
- ▶ Food assistance
- ▶ Disasters
- ▶ Listening and support
- ▶ Military support
- ▶ Addictions
- ▶ Support groups
- ▶ Volunteer opportunities
- ▶ 24 hour suicide hotline: 1-800-273-8255 (1-800-273-TALK)

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