

SUPPORT

Job Service of North Dakota 701-795-3700
1501 28th Avenue South

Vocational Rehabilitation 701-795-3100
151 S 4th St #401

Mountainbrooke Recovery Center 701-746-4530
112 North 3rd Street
Offers support and recovery based programs for adults with mental illness

Northlands Rescue Mission 701-772-6600
420 Division Avenue
Housing, support, and referrals to services in the community

Options Resource Center for Independent Living
318 3rd Street NW East Grand Forks, MN 218-773-6100
Toll Free 800-726-3692
Information & Referral, Skills Training, Equipment Loan Program, Community Education and Outreach, Personal and Systems Advocacy

Protection and Advocacy Project 701-795-3800
311 South 4th Street Suite 112
Rights protection for persons with a disability

Social Security Administration 1-888-617-0456
402 Demers Avenue

GF Community Based Outpatient Clinic of the Fargo VA
3221 32nd Ave South, Suite 700 701-335-4380
Counseling and support for eligible Veterans

Lutheran Social Services of North Dakota 701-772-7577
412 DeMers Avenue Grand Forks, ND
Serves newly arrived refugees/asylees within their first 5 years in the US, Immigration services for a nominal fee

The Arc, Upper Valley 701-772-3855
2500 DeMers Avenue
Services for people with intellectual and developmental Disabilities

Community Options 701-772-1715
2300 Library Circle

EDUCATION

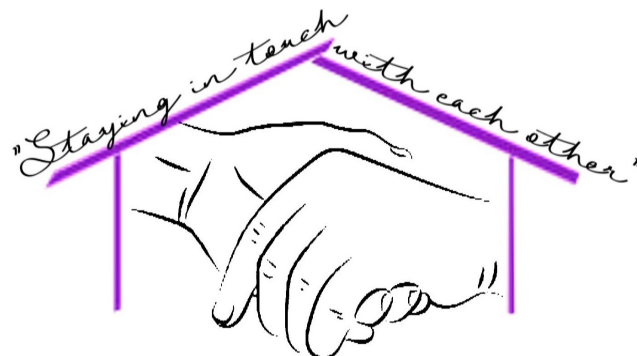
Adult Learning Center 701-795-2773
500 Stanford Road
Refresher classes, GED instruction and testing, assistance in studying for Driver License Exam, English Language Learner

LaGrave Learning Center 701-795-6300
824 4th Ave S

Kvasager Learning Center 701-775-2873
1802 Continental Drive
Both centers have computer labs that are open to the public. They have some free and some for pay learning resources.

Grand Forks Public Schools 701-215-2603
Assistance for children experiencing homelessness
Contact: Jennifer Modeen, LCSW School Liaison

Need Assistance?



Community Agency Network Association
GRAND FORKS / EAST GRAND FORKS

CANA

*Community Agency Networking
Association
August 2018*

CANA is a group of individuals and agencies whose mission is “to advocate for ending homelessness through community awareness, outreach, prevention and civic engagement” in the Greater Grand Forks/East Grand Forks area.

****Please note some agencies only serve ND residents**

In the event you can't find the service you are looking for on this flyer please call 2-1-1 for referral and crisis management services. Calls are answered 24 hours a day, 7 days a week.

HOUSING AND SHELTER

CVIC (Community Violence Intervention Center)
211 South 4th Street 701-746-0405
24-hour Crisis Line 701-746-8900
Shelter and transitional housing for individuals and families leaving domestic violence

Grand Forks Housing Authority 701-746-2545
1405 1st Avenue North
Housing Assistance Programs

Northlands Rescue Mission 701-772-6600
420 Division Avenue
Shelter for adult men and women (single or married). No children

Prairie Harvest Mental Health 701-795-9143
930 North 3rd Street
Permanent housing, residential and employment support for adults with serious mental illness
By referral from Northeast Human Service Center ONLY

Red River Valley Community Action 701-746-5431
1013 North 5th Street
Shelter for homeless women and children
Permanent Supportive Housing Tri-Plex

St Joseph's Transitional Housing 701-795-8614

Valley Memorial Assisted Living 701-787-7563

Care and Share 218-281-2644
220 E 3rd St, Crookston, MN
Shelter for homeless men, women and children
Transitional Housing

VA HUD/VASH Housing 701-200-1928
3221 32nd Ave South, Suite 700
Housing for eligible Veterans who are homeless

Supportive Services For Veteran Families 701-746-5431
1013 North 5th Street
Housing/supportive services for eligible Veterans & their families who are homeless

Development Homes, Inc 701-335-4000
3880 South Columbia Road
Residential and employment services for adults and children with developmental and intellectual disabilities. By referral from Northeast Human Service Center

Northwestern Mental Health Services for Homeless
MN Counties Only– EGF & Crookston 218-281-3940

HEALTH

Altru HERO Program 701-780-5060
1300 South Columbia Road

Grand Forks County Social Services 701-787-8500
151 South 4th Street Suite 201
Medical Assistance

Grand Forks Public Health Department 701-787-8100
151 South 4th Street Suite N301

North Dakota Association for the Disabled 701-775-5577
Toll Free 1-800-532-6323 2660 South Columbia Road
Medication, medical equipment, medical travel, personal care attendants, Dial-A-Ride assistance, advocacy & referral

St. Joseph's Social Cares and Thrift Store 701-795-8614
620 8th Avenue South
Prescription assistance, medical related travel

The Salvation Army 701-775-2597
1600 University Avenue
Monday-Friday 9 am—2:30 pm
Prescription assistance for non-narcotics

Third Street Clinic/ Inspire Pharmacy 701-757-4407
360 Division Avenue #100
M-F 8am-6pm-Access to prescription assistance for low income residents of the Greater Grand Forks area

Valley Community Health Centers
212 S 4th Street, Suite 301 Grand Forks, ND 701-757-2100
321 Towner Avenue, Larimore, ND 701-343-6418
Medical care on a sliding fee scale

Valley Community Health Center Dental Clinic
212 South 4th Street Suite 101 701-757-2100
Dental care on a sliding fee scale

Valley Health 701-775-4251
360 Division Avenue, Suite 200
Confidential reproductive health services for men and women regardless of income or age

Women's Way 1-800-449-6636
151 South 4th Street Suite N301
Breast and cervical cancer screenings for eligible women.

GF Community Based Outpatient Clinic of the Fargo VA
3221 32nd Ave South, Suite 700 701-335-4380
Healthcare services for eligible Veteran's

GF Withdrawal Management Center (Social Detox Center) 701-203-4742
207 S 4th St

SERVICES

CHILDREN

Community Violence Intervention Center 701-746-0405

211 South 4th Street
Individual and group counseling for youth and teens,
safe visitation and exchange services

Grand Forks Head Start 701-746-2433

3600 6th Ave N Grand Forks, ND 58203
Serves children ages 3-5

EGF Head Start Family Service Center 701-773-8452

1825 Central Avenue NW EGF, MN 1-888-773-8486
Head Start and Child Care

MSU Early Head Start- Grand Forks 701-777- 8153

920 Northwestern Drive Grand Forks
Early childhood education services for expectant families
and children 0-3 years of age

Grand Forks County Social Service Center 701-787-8500

151 South 4th Street Suite 201

Lutheran Social Services of North Dakota 701-772-7577

DIVERT—provides free, supportive services for youth & families. Tracking, Intensive in-home services,
Day Report, Adoption & pregnancy counseling.

Polk County Social Services 701-773-2431

1424 Central Avenue NW East Grand Forks, MN

Women, Infant's and Children (WIC) 701-775-3667

360 Division Avenue, Suite 200 Grand Forks

Polk County Health and WIC 701-773-2431

1424 Central Ave NE, EGF, MN

Child Care Aware 1-888-291-9811

Assistance for MN & ND families looking for childcare

The Village Family Service Center 701-746-4584

1726 South Washington Street Suite 33A
Financial resource center, Intensive in-home family
therapy, Family Group Decision Making

Healthy Families 701-746-2064

412 DeMers Avenue
Free voluntary support to ease transition to parenthood

CLOTHING & TRANSPORTATION

Home Place Thrift Store 701-795-9704

1811 South Washington
Monday-Friday 9 am—7 pm
Saturday 9 am—6 pm Sunday 12p-5pm
Call Prairie Harvest @ 795-9143 re: vouchers

Salvation Army Smart Shop 701-775-7255

3401 South 31st Street (Behind C'Mon Inn)
Monday-Saturday 10 am—6 pm
Vouchers for clothing, furniture and household items
may be obtained at 1600 University Avenue 9am- 2pm.
Bus tickets and gas vouchers for medical or funeral related
travel only.

St. Joseph's Social Cares and Thrift Store 701-795-8614

620 8th Avenue South
M,T, Th, F 10am-5pm; W 10am-8pm; Sa 10am-5pm
Vouchers for clothing, furniture and household items.
Assistance with medical or funeral related travel only.
Call for appointment.

The Arc, Upper Valley 701-772-6191

2500 DeMers Ave
Vouchers for people with intellectual &
developmental disabilities

TREATMENT AND RECOVERY

Medication Assisted Treatment
Valley Community Health Centers 701-757-2100

212 S 4th Street, Suite 301
MAT Appointments Tues & Wed mornings

Ideal Option 701-522-1275

3301 30th Ave, Suite 102
Mon-Thurs, same/next day appointments available.

Counseling
Agassiz Associates 701-746-6336

2424 32nd Ave S, Suite 202 Grand Forks, ND

Drake Counseling 701-757-3200

311 4th Street S, Suite 106 Grand Forks, ND

Northeast Human Service Center 701-795-3000

151 S 4th Street, Suite 401

Peer Support
Face It TOGETHER 701-566-5631

501 N Columbia Road

Freedom Church—Celebrate Recovery 701-772-3117

308 Demers Ave

HOPE Church—Celebrate Recovery 701-722-1884

1601 17th Ave S

Narcotics Anonymous
Living in Recovery 701-212-0525

University Lutheran Church
2122 University Ave

We Do Recover 701-317-6097

Antenna Building (upstairs)
401 N 7th St



EMERGENCY

Red River Valley Community Action 701-746-5431

1013 North 5th Street
Emergency services for low income individuals or families,
Veteran Services, Rent deposits, Energy Share, emergency
shelter for homeless women and children

The Salvation Army 701-775-2597

1600 University Avenue
Monday-Friday 9 am—3 pm
Rent evictions, utility disconnections, travel and medical
assistance, rent deposits, food pantry and daily baked food
items, vouchers for clothing and household items

St. Joseph's Social Cares and Thrift Store 701-795-8614

620 8th Avenue South
Rent evictions, utility disconnections,
vouchers for clothing and household items

Tri-Valley Opportunity Council 800-201-3475

Toll Free
1424 Central Ave NE
East Grand Forks, Minnesota
Monday-Friday 8:00am-4:30 pm
Rent evictions, energy assistance/utility disconnections, rent
deposits

COUNSELING AND CRISIS

Community Violence Intervention Center 701-746-0405
24-hour Crisis Line 701-746-8900

211 South 4th Street

Northeast Human Service Center (NEHSC) 701-795-3000
24-hour Crisis Line 701-775-0525

151 South 4th Street Suite 401
Mental health and substance use care for ND residents only
Open access mental health M, T, 8:15-10:30 Th 8:15-9:30
Open access for substance use M, T, Th 8:15-10:30am

The Village Family Service Center 701-746-4584

1726 South Washington Street Suite 33A

Northwestern Mental Health Center (218) 773-6102
24-hour Crisis Line 1-800-282-5005

1424 Central Ave NE #142 East Grand Forks, MN
Homeless, children, crisis & adult support programming/
services (Kittson, Marshall, RLF, Polk, Norman and
Mahnomen Counties)

Grand Forks County Based Outpatient Clinic of Fargo VA
3221 32nd Ave S, Ste 700 701-335-4380

Services for eligible Veteran's

Valley Community Health Centers 701-757-2100

212 S 4th St Suite 301



FOOD

East Grand Forks Food Shelf 701-773-8083

1715 3rd Avenue NW East Grand Forks, Minnesota
Monday and Friday 10 am—2 pm Wednesday 10 am—5

Northlands Rescue Mission 701-772-6600

Please contact kitchen manager for details.
Food Baskets—call ahead

The Salvation Army 701-775-2597

1600 University Avenue
Monday-Friday 9 –11:30 am and 1-2:30 pm

St. Joseph's Social Cares and Thrift Store 701-795-8614

620 8th Avenue South
Monday/Tuesday/Thursday 2 pm—4 pm
Wednesday 5 pm—7 pm

Red River Valley Community Action 701-746-5431

1013 North 5th Street
Food Pantry: Tuesday/Wednesday 1:30-4:30p
Fresh Food Distribution: Monday/Thursday/
Friday 10a-12p with leftovers available in lobby
in the afternoons
Commodities: Persons 60 years of age and older

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Grand Forks County Social Services 701-787-8500

151 South 4th Street Suite 201

Polk County Social Services 701-773-2431

1424 Central Avenue
East Grand Forks, Minnesota

HOT MEALS

Northlands Rescue Mission 701-772-6609

420 Division Avenue
Meals served daily at 7 am, 12 noon, 5 pm

FREE SUMMER LUNCH FOR YOUTH

St Joseph's Social Cares and Thrift Store 701-795-8614

During June & July. Call for dates and locations.