Available Resources in the Minot Area

Emergency Shelter in Minot
Minot Area Homeless Coalition – Temporary emergency shelter upon availability usually 2 or 3 night stay. 852-6300
YWCA Women’s Shelter (838-1812) – For women and children (boys under 11) 838-1812
Men’s Winter Refuge (822-2585) – Temporary shelter for men during winter months. Must meet entry requirements. Office# 837-0218 (Stay is from 7pm to 8am daily). (Oct – Mar 31st)

Domestic Violence Crisis Center
Can provide temporary shelter, transitional housing, assistance with protection orders, and other supportive services as needed for those involved in a domestic violence situation. Contact 852-2258

Minot Housing Authority
Provides housing assistance to low income residents through the management of programs such as Low Rent Public Housing and the Housing Choice Voucher program - Section 8. These programs are income based and the eligibility guidelines are set by HUD. There may be waiting lists for rentals or vouchers and at times the lists may close to new applicants based on the size of and length of wait on the lists. If you are in need of housing assistance in the area please contact the Housing Authority directly to obtain more information about eligibility requirements, availability of rentals or vouchers, the status of any waiting lists and their application procedures. Phone# 852-0485

Rental/Deposit Assistance
Ward County Social Services - general assistance program. You must apply in person. 852-3552
Salvation Army – Assistance for eviction only. You must apply on Tuesday’s or Thursday’s in person. 838-8925
Community Action – You must meet specific criteria. 839-7221
Minot Area Homeless Coalition – You must apply in person and is to prevent homelessness and secure permanent housing. 852-6300

Utility Assistance
Ward County Social Services – 852-3552
Salvation Army – must have a shut off notice. (Does not do water) 838-8925
Community Action – Non-heat electric bills only, must have shut-off notice and be on fuel assistance. 839-7221
Minot Area Homeless Coalition – 852-6300

Transportation Assistance
North Dakota Association for the Disabled (838-8414) – for travel of people with disabilities to and from appointments.
Salvation Army – emergency medical appointments only. 838-8925
Community Action – One time assistance for job seeking and to travel to and from work, must meet income eligibility, if seeking employment, resume must be active on Job Service website. 839-7221
Minot Area Homeless Coalition – in order to prevent homelessness or get to and from work. 852-6300

Transportation
Souris Basin Transportation 852-8008
City Bus 857-4140
Central Cab Company 852-8000
Taxi 9000 852-9000
Amtrak - 400 1st Ave SW (Station Building with waiting area in Minot)
Minot Bus Depot (701) 852-2477- The depot is open daily, including weekends and holidays from 6:00am to 6:45am and 4:30pm to 6:15pm

North Dakota Assoc. for Disabled (NDAD) 838-8414 (for travel of people with disabilities to and from appointments)
If on Medicaid, you can contact your Ward County Social Services Worker for Taxi vouchers to and from medical appointments.

**Medication Assistance**
NDAD – 838-7345
Salvation Army – 838-8925
Community Action -One time assistance for prescription medications and/or diabetes supplies. Must meet income eligibility & have no medical coverage or prescription coverage. Must provide a current written prescription. Narcotics are not eligible. 839-7221
Minot Area Homeless Coalition –life saving medications such as heart, blood pressure, diabetes, etc. 852-6300

**Shower Assistance**
Community Action - Shower vouchers. Applicants must be income eligible, homeless and seeking employment or employed. If seeking employment, resume must be active on Job Service website. 839-7221

**Identification**
Minot Area Homeless Coalition – assistance in obtaining necessary identification such as Photo ID or birth certificate. 852-6300

**Food Pantries**
Our Lady of Grace (located at 707 16th Ave SW) Phone#839-5520 (Open from 1-4 on M,T,T, F)
Salvation Army (located at 315 Western Ave) Phone#838-8925 (Open 10a-noon & 1-3p M-F)
The Lord’s Cupboard (Located at 1525 West Burdick Expressway) Phone#822-2263 (Open Monday: 10am to 1pm, Wednesday: 1pm to 4pm, Friday 2pm to 5pm

**Emergency Food Pantry Assistance**
Salvation Army – (Located at 315 Western Ave) 838-8925
Community Action – (Located at 2020 8th Ave SE) 839-7221
Minot Area Homeless Coalition – (located at 105 1st St. SE) 852-6300

**Free Clinic**
City and Country Clinic – (located at First Lutheran Church, 120 5th Ave. NW) Call 833-1951 to find out days of operation.

**Northland Community Health Center**
A federally funded health center serving anyone in need of a medical home regardless of their insurance status or ability to pay and mental health counselling. Located in the Arrowhead shopping center. 852-4600 Also provides dental service at 315 S. Main, 3ed floor room 314. Phone# 838-3051

**County Social Service Offices**
To obtain food stamps, TANF, Medicaid and Child Care Assistance

Burke County-701-377-2313
Bottineau County-701-228-3613
McHenry County-701-537-5633
Mountrail County-701-628-2824
Renville County-701-756-6374
Pierce County-701-776-5818
Ward County-701-852-3552

**Independence Inc.**
Can assist with helping individuals with Social Security Disability paperwork, finding accessible housing and independent living skills. 839-4724

**Community Options Inc.**
Community Options, Inc. provides residential, day, in-home, and family support services. Located at 300 3rd Avenue SW Minot and contact number is (701) 852-0174

**North Central Human Service Center**
Provides and promotes efficient and effective services to benefit children, adults, the elderly; and families experiencing emotional problems, mental illness, family relationship concerns, addiction and disability issues to help people maintain or enhance their quality of life. Transition to Independence Program that successfully transitions young individuals to independence. 857-8500

**Rehab Services**
Provides progressive options for youth and for people with disabilities focusing on employment, housing, and economic development. Some programs are Social Security Benefits Project, Recovery House, Brooklyn Flats, Community Service, etc. contact number 839-4240.

**ND Job Services**
Provides a listing of available employment opportunities and veteran services employment as well as applying for unemployment benefits 857-7500

**SSVF Program run through Community Action**
Supportive Services for Veterans Families helps homeless & at-risk veterans secure safe, stable housing and supportive services. 839-7221

**Legal Services**
A non-profit organization which provides legal assistance for a variety of matters to low income and elderly North Dakotans under 60 Call toll free 1-800-634-5263. Age 60+ call toll free 1-866-621-9886

**HUD-VASH HCHV Outreach Social Worker Minot Region**
Worker can help veterans with a housing voucher considering availability and case management. Contact case manager at 852-0177.

**American Red Cross**
Provides assistance to those hit by a disaster (flood, tornado, fire, etc.). Contact 852-2828

**Emergency Shelters in North Dakota**
Abused Adult Resource Center-Pam’s House 701-222-8370 (W/C)
Ruth Meier’s Hospitality House 701-222-2108  1800 E. Broadway Ave. Bismarck, ND  58501 (M/W/C)
Welcome House 701-751-1218  2910 E. Broadway Ave. Bismarck, ND, 58501 (M/W/C)
Northlands Rescue Mission 701-772-6600  420 Division Ave. Grand Forks, ND  58201 (M/W/C)
Gladys Ray Shelter 701-364-0116  1519 1st Ave S. Fargo, ND  58103 (M/W/V/A withdrawals)
YWCA Cass/Clay 701-232-2547 3100 12th Ave N. Fargo, ND 58102 (W/C)  
New Life Center 701-235-4453 1902 3rd Ave N. Fargo, ND 58107 (M/W/C)  
Churches United for the Homeless 218-236-0372 1901 1st Ave N. Moorhead, MN (M/W/C0  
Dorothy Day House men only 218-233-5763 714 8th St S. Moorhead, MN  
Dickinson Churches United for the Homeless 701-227-1464 (Temporary shelter during winter months only)  
• M=Men W=Women C=Children V=Veterans A=Addiction withdrawals  

**Community Travel Assistance**  
A program that seeks to assist travelers in the Minot area who have experienced financial difficulties and require assistance. The program is administered by the Minot Police Department, 852-0111.  

**Kalix**  
Provides individualized residential and vocational services to people with disabilities. Contact number is 852-1014.  

**REM**  
REM supports include a range of residential services and day programs designed around the needs and preferences of each person we serve. We match each individual's strengths with programs we provide, as well as those available in the community. Contact number is (701) 839-6630.  

**VET Center**  
Provides a broad range of counselling, outreach and referral services to combat veterans and family members to assist and overcome the readjustment problems associated with war and personal trauma. Contact number 852-0177  

**Money Follows the Person**  
Helps with finding decent, safe, affordable and accessible housing for persons that are MFP qualified and wish to transition out of institutions or nursing facilities and back in to the community in the least restrictive setting possible. Phone # 858-3405 or toll free 1-800-233-1737 ext. 3405  

**USDA Rural Development**  
Has financed apartment complexes that provide housing and rental assistance for low income applicants. The website to locate a project and manager’s contact information is http://rdmfhrentals.sc.egov.usda.gov/RDMFHRentals/selectstate.jsp. Select state and then county to find projects. You may also call 701-530-2037 or e-mail info@nd.usda.gov for more information.”  

**Command Labor**  
Provides temporary jobs for people on a daily basis, as well as paychecks that day. Phone#839-9675  

**Utah Construction Personnel**  
Provides temporary staffing for people on a daily basis, as well as paychecks that day. Phone#838-0830  

**Harmony Center**  
Psychosocial recovery program for adults diagnosed with a mental illness. Also has a Peer Support Group to help focus on recovery. 852-3263
**Drug and Alcohol Addiction: Private Providers in Minot**

Cornerstone Addiction Services 839-0474  
Goodman Addiction Services 852-3869  
Bob Hayse Addiction Services 838-1422  

**Dakota Hope Clinic**  
Provides free pregnancy tests, limited ultrasounds, and parenting education to earn baby items, pregnancy options, STD information, Abortion Recovery Referral and Resources & Referrals.  
Phone#852-4673 located at 315 S. Main St. Suite 205  

**Experience Works**  
Experience Works assists adults 55 and older who are unemployed and meet income guidelines. The goal is to help eliminate barriers to finding employment. Therefore the services they provide participants are: training to upgrade skills or learn new skills; job search assistance and training; part time on-the-job training; and other supportive services identified that may be hindering their job search. For more information, call 1-877-314-7627. There are four offices in the state: Minot office 701-838-9675; Bismarck 701-258-8879; Dickinson 701-483-1333; and Fargo 701-232-2489.  

**Dakota Family Services**  
Provides outpatient mental health services with professional excellence, Christin integrity and compassion. Phone# 837-6508 located at Dakota Boys & Gils Ranch 6301 19 Ave. NW.  
[www.dakotafamilyservices.org](http://www.dakotafamilyservices.org) For a confidential appointment call toll free: 1-800-201-6495
Minot Property Management Companies

Anchor Realty 701-852-4626 www.anchorminot.com
B&B Properties 701-833-6509
1st Minot Management 701-839-7505 www.aptspminot.com
Buldawg Apartments 701-852-0760
CPI, LLP 701-721-5070
Cambridge Development LLC 701-720-4567
Creative Property Mgt. 701-852-5028 www.creativeminot.com
DLSL Properties, LLP 701-240-0798
Dave Hanson Rentals 701-770-3910
Glacial Holdings, Inc. 701-852-9743 www.ghpmnd.com
IMM 701-852-3648 www.immapartments.com
IPM, Inc. 701-852-1157 www.minotrentals.com
IRET Properties 701-837-7368 www.iretapartments.com
Leier Properties, LLC 701-839-4329
Lonesome Dove Properties 701-280-9702
M&J Rentals 701-833-5195
MAGCO, LLC 701-837-0170
MLP Properties 701-833-8430
More Properties 701-852-7535 www.morepropertiesminot.com
Northgate Apartments 701-852-6770
Northridge Property Mgt. 701-822-2412 www.northridgepm.com
Perkins Properties 701-509-1929
Prairie Rose Apartments 701-833-3993
Prairieview Properties 701-267-3623
Rau Rentals 701-721-9622
SMC 701-839-4200 www.smc-minot.com
Sanders Properties 701-833-2568
Souris Valley Apartments 701-720-2052
Stonebridge Farms Apts. 701-356-7867
TVP Properties, LLC 701-838-6899
Watne Realtors 701-852-1156 www.minothomes.com
Watts Property Management 701-833-3689
Way Properties, LLC 701-721-0119
Zimmer Rentals 701-838-3131
MINOT COMMUNITY
LUNCHEON/DINNER LISTING

MONDAY – 11:00 TO 12:30
FAITH UNITED METHODIST CHURCH
(Congregational United Church-430 N Broadway)
839-1064

TUESDAY – 11:00 TO 12:30
CHRIST LUTHERAN CHURCH
Katie’s Kitchen
502 17th St. NW (838-9561)

WEDNESDAY – 11:30 TO 12:30
IMMANUEL BAPTIST CHURCH
1615 2nd Street SE
839-3694

THURSDAY – 11:30 TO 12:30
ALL SAINTS EPISCOPAL CHURCH
301 South Main Street
839-1037

FRIDAY – 11:30 TO 12:30
FIRST LUTHERAN CHURCH
120 5th Avenue NW
852-4853

SATURDAY – 09:30 TO 10:30
CONGREGATIONAL UNITED CHURCH OF CHRIST
430 North Broadway
839-1064

SUNDAY – 11:00 TO 1:00
SEVENTH DAY ADVENTIST CHURCH
10 17th Avenue SW
839-6478
EVENING MEALS

Cornerstone Presbyterian Church
1000 3rd Street NE
Every Wednesday night
5:00 to 6:30 p.m.
852-0315

St. Leo’s Catholic Church
(Starting April 6th)
218 1st St. SE
Every Monday night
5:30 to 6:30pm

Provided by The Minot Area Homeless Coalition 3/23/2015